



THE OAKVILLE YACHT SQUADRON



WINDJAMMER

July 2008



*Oscar and Kevin
Good luck from OYS in the
2008 Olympics*

It takes a yacht squadron to support an Olympic sailor,
and we did just that -

\$11,688

raised towards Oskar's and Kevin's "Sail for Gold"
campaign. Our goal of \$8,000 for a new suit of sails was

exceeded beyond expectation! Not only did we provide much needed financial support, but we opened our hearts to Oskar and Kevin. The show of support was tremendous by people count alone! They will have many, many good wishes to take with them to China !

Oskar and Kevin started the day at the OYS Sailing School by giving a well-received presentation. As Oskar said, he was just an average sailor as a youth (ya, right!), and when he put his mind to it - look what he was able to accomplish! After several questions from the young sailors and banner signing & autographs, everyone's eyes were opened to all the possibilities out there!

The evening activities began with the OYS Sailing School July banquet, with Oskar and Kevin handing out the certificates to all the successful sailors. Many pictures were taken by proud parents, and our personal thanks go to these two Olympians for showing support to our sailing school.

The main event was a rousing show of support by members of our club, friends and local community. Over three hundred people attended the event and opened their wallets to buy raffle tickets, bid in the live auction, compete for the silent auction items, and enjoy the excellent presentation by Oskar and Kevin. Much appreciation also goes to those who just donated monies with no expectation of receiving anything but a smile and a heartfelt thank you. Local sponsors were very generous and provided over \$8,000 in donated articles alone. All those participating came with the intent of helping Oskar and Kevin in the Olympic bid, and for this we are truly grateful.

Two people were instrumental in making this event so successful for both Oskar & the club and deserve special mention. We can all agree that Murray Souter was an AWESOME emcee and somehow managed to get those few extra dollars from the live auction bidders! Thank you, thank you Murray for making it so easy for us to part with our money! As well, Linda Crane (Williams) orchestrated the media coverage for Oskar and the event, devoting much time soliciting the media. Two separate articles with

Contact OYS at: 97 Forsythe Street, P. O. 144, Oakville, Ontario L6J 4Z5

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From the Executive

Commodore - Murray Fischer
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commodore@oysqn.com
Vice Commodore - George Provost
(905) 849-8832
vicecommodore@oysqn.com
Rear Commodore - Paul Attwood
(905) 338-1114 rearcommodore@oysqn.com
Secretary - Eli Oszlak
(416) 907-9700 secretary@oysqn.com

Treasure - Steve Scott
(416) 200-8979 treasure@oysqn.com
Membership Director - Bruce Bennett
(905) 337-2708 membershipdirector@oysqn.com
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(905) 845-1389 racingdirector@oysqn.com
Publicity Director - Sue Richards
(905) 847-6864 publicitydirector@oysqn.com
Harbour Master - Al Parkhill
(905) 844-6379 harbourmaster@oysqn.com

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(905) 804-4696 crusingdirector@oysqn.com
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Safety Officer.....Jeff Robins

photos appeared in the Oakville Beaver, CHCH TV had one live spot with Oskar and another 1 hour interview with Oskar & Kevin, Wave 94.7 provided a community events update, The Star and The Globe & Mail provided small articles on the event, and we expect further coverage in the local papers. Not only does this coverage raise Oskar's profile as an Olympian, but also the club and sailing school profiles as a supportive, active member of our community - well done Linda!

A heartfelt thank you to those special volunteers who made this event happen: Murray Souter - *master of ceremonies extraordinaire*

Laurie Parkhill - *kitchen saviour & an indispensable help*

Loraine Hill - *master of donation solicitation*

Linda Crane - *master of media relations*
Muna Lallas - *graphic designer with flare*

Bill Frenke - *my rock and support*

Erika Johansson - *proud mom, master of donation solicitation*

Leigh Mayers & Alex Mylet - *OYSSS kitchen organizers supreme*

Joanne Gray, Susan Garrick and Mathew Gray - *kitchen help that kept on ticking!*

Anne Whitworth - *there when you need her!*

Tor Johansson - *proud dad & BBQ king*

Gary Hill - *BBQ king and local comedian*
Instructors & students of the OYS Sailing School

Please take the time to peruse the list of sponsors who donated articles, and if possible, show your support of those business and offer your thanks.

At the end of the night, Oskar was overwhelmed by the support shown to Kevin and himself, and found the generosity of all those attending was incredulous. At the end of the day, all we ask is that he take these best wishes to Beijing, try his best and enjoy the ride! We are very proud that Oskar started sailing from OYS and is such a fine ambassador representing Oakville and Canada at the Olympics.

A gracious thank-you to our donors!

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(My sincere apologies if any omissions)



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OYS Olympic Fundraising
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**Oh, what an
OLYMPIC feeling !**



For this month's Windjammer article, I thought I'd share the comments I made on behalf of the Club at the LO300 Skipper's Meeting this past Friday night. I'm glad I accepted the invitation to speak at this meeting. It was interesting to meet the organizers, some of the other speakers, and in particular, some of the skippers and crews preparing to start. The atmosphere was electric, and I must admit that I've enjoyed following the race online over the weekend. Al Parkhill and his crew have rounded the Youngstown mark as I write this - go SOGGY DOLLARS! Here are my comments. If you have an opinion on how OYS should participate in this very ambitious undertaking going forward, I would very much appreciate hearing from you.

On behalf of the Membership and Executive of the Oakville Yacht Squadron, it is my pleasure to welcome you all to the kick off of the 2008 Lake Ontario 300.

The Port Credit Yacht Club, and the Oakville Yacht Squadron have been partners in this race

for many years, and we have enjoyed strong support from the membership of both Clubs.

Over the years the Race Committee has been staffed by dedicated volunteers from PCYC and OYS, and they have brought this event from humble beginnings to today, the traditional pre-race skipper's meeting of the largest ever LO300.

The 2008 race committee has done a terrific job getting us to this point. I know they have put in many hours of personal volunteer time working on a myriad of details and I would like to express my appreciation for all they have accomplished.

I'd also like to thank the membership of the Port Credit Yacht Club for hosting this event the last couple of years. Hosting 100+ boats in any harbour is quite a challenge, but it is also a spectacular thing to see, and a great opportunity to visit with old friends and meet new ones.

To the skippers and crews about to experience this greatest yacht race on the Great Lakes, my hat is off to you. This is sailing's version of a marathon, and even deciding to participate and committing to the preparation of boat and crew required to get to the start line is an accomplishment in itself.

Like a marathon, participants that even finish this race will have bragging rights to an accomplishment that the vast majority will never achieve.

Those that actually win this race will have achieved something truly amazing.

I'll admit that I will be quietly cheering for the OYS boats racing this weekend, but I wish you all fair winds, an honorable race, and a healthy and happy

return to harbour.
Thank-you.
Murray Fischer
Commodore



Hi
Just a small note. Some members have been asking about Cradle Day and Haul-out so they can book vacations.
CRADLE DAY - Sat Oct 18, 2008
HAUL-OUT - Sat Oct 25 and Sun Oct 26
Thanks
Al Parkhill



As I write this the club cruises are half completed and there are 3 more to go. I'm a bit drowsy as I type - we motored and sailed home from the Port Dalhousie cruise today with rain much of the way, and a real downpour after we tied up safely at OYS. And for some reason I have a headache today - something to do with a wine tour.

I've been excited to see a number of new boats on cruises this year, along with some regular cruisers and a few who join us once or twice a season. We've had a number of racers



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along in the group, and I think it's a great opportunity to get to know folks. Etobicoke Yacht Club gave us a great welcome at the end of May, and then we had one of our largest cruises ever, to RCYC. Most people were smiling when they returned so I think it was pretty successful as well. I stayed behind to greet the RCYC cruisers at OYS, and that was certainly a busy afternoon as well. Then the Wine Tour to Stoney Ridge Estates this weekend: Annette, who hosted us, was clearly passionate and informed about the work they do and the product they sell.

One of the common ties between all these cruises has been the weather forecast. On each weekend we've faced showers, rain, the risk of thunderstorms, and fog as well. We've also had a few great sails - people tell me of seeing 7 knots on the meter regularly.

Our next cruise will be the 10th Annual Jimmy Buffet Cruise. You don't have to love the music - but the marguerita's go down just fine on a warm summer afternoon, and you can stroll up from Bluffer's Park the next Day to work up a sweat. It would be great to have a season where more than half of our members have joined a club cruise - we're close! Talk to your neighbours at the club and bring a new boat to the next cruise. You'll enjoy the relaxed pace and the company.

Regards,
Peter Mack

Remaining Cruises

- August 2,3,4 Highland Yacht Club (at Bluffers Park) 10th Annual Jimmy Buffett Cruise
- August 16-17 Island Yacht Club
- August 30,31 Sept 1 Ashbridges Bay Yacht Club



The season is progressing nicely and Oyster IV is operating to everyone's satisfaction - it sure is nice to be spending time completing commissioning

and not undertaking constant repairs as was the case last year with Oyster III. This year we have been concentrating on our Wednesday evening

races running Windward - Leeward courses for the spinnaker boats with corresponding Olympic courses for white sail. This format has resulted in several positive comments being received - thank you all for these which helps make this job and that of the Principal Race Officer worthwhile. Thursday evening white sail races tend to be a little lower key than Wednesday evening events and are a great way for those who have not undertaken much racing to get involved and join in the fun - it is not too late to join in.

On July 6th we held our second annual Pursuit Race once again going to 50 Point and back. This is also a great way for those without much racing experience to get involved as each boat has an individual start time thus avoiding the usual pre-start anxieties. Unfortunately once again this year the winds were very light resulting in several boats, mine included, failing to finish. Congratulations to all who finished - I don't have the results with me as I write this at home but the winner and place holders will be suitable honored at our awards banquet in the fall.

Oyster IV and her crew have just returned from showing the flag at the Lake Ontario 300 start where she undertook photographic boat duties for members of the press following which she was committee boat assisting Port Credit YC with a regatta - a great way to show the OYS flag - thank you to the crew who gave up much of their weekend in this regard.

Considerable work is currently being undertaken to prepare for our Weekend Regatta that this year will be held August 9th and 10th. This year the regatta will feature two race courses and for the non-racers a continuation of our popular Gentlemen Adventurers Race (really an Ice Cream run). The race courses will feature a windward / leeward for the spinnaker boats (off Coronation Park) and an Olympic for the white sail fleets. We will have two committee boats with skilled race officials and are looking for some volunteers to assist with the on-the-water race management activities - no great skill required for this other than to follow instructions. This should be a pleasant duty as one of the RC boats will be Oyster and the other a 38 foot trawler. Both boats are fully equipped with a head and weather protection. If you can help with these important activities

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Peter Urwin
Race Director



Well, as I sit here and compose a few words, I must admit that the "kid and grandkids day" was a

success!!! When I first heard the rumor of this event, I was saying to myself "are you kidding" who is going to come to that event? Well, I can tell you that it was a phenomenal event! It was so good to see that many young people having fun on the front lawn! Speaking as on of the "old farts" youth is what we need at the club in order to keep things going. OK, it might be a while before that 2 year old becomes a part of the sailing fraternity however, perhaps their parents will enroll them in our sailing school or perhaps the parents will be a part of the "Team Tempest" program. HATS OFF TO THE ORGNAIZER'S (I think it was Eli and Muna)!

A couple of other things from the rear commodore:

Please don't get our boat (when I am Commodore) the same way that you got our current Commodore's boat!

Please remember that our Bar Staff are people too! Treat them with the same respect you would any member of our Club (or any other Club)! Speaking of our Bar Staff, I'm sure all of you know Stephanie (our Bar Manager) but please welcome Adam who has recently joined us as well. Many of you would have met him at the Sailpast event and no he wasn't the one dancing on our bar!

A reminder that the bar is open on Wednesday and Thursday nights as well as every second Friday (Tommy dinner nights) and that the bar traditionally opens @ 8PM and is open to around 11PM (depending on the number of people there). If the bar staff asks you to leave because it is time to close, be courteous! If the bar staff tells you that they don't have that particular brand, it is because I have asked them to "control the number of brands" that we carry so that we keep costs in line. It is my directive to them so take it up with me if there is a problem.

Regatta is coming up soon, please remember that we are a "self help club"

and that it is your responsibility to provide the "self help." This year's Regatta will require the assistance of many people so please reply to rearcommodore@oysqn.com and let me know how many hours you can help with.

Speaking of help, I noticed that Officer of the Day has a lot of openings (I hear that even some of the old time racers such as Ole Jensen and Sean Dinsmore are offering to sign up). Keep in mind that the ODD is neither a race nor a cruiser function but rather is a function of presenting the best image of OYS to visiting boaters!!! How would you like to go to a Club and be welcomed? Please sign up so that we can provide the same reception that you would like to receive!
Paul Attwood
Rear Commodore



My personal observation and opinion:
To the member who called in the Halton Health Inspector because they didn't like the

condition of the club kitchen:
OYS is a self help club. This means that when you see a problem YOU have the responsibility to get it corrected. You can take on the task yourself, you can organize a work party or you can inform the Director responsible and work with them to get the situation resolved. Eventually it comes down to you and or your fellow members who will have to correct the situation. By calling in the outside authorities you have placed an onerous and unfair burden on other club members to resolve the problem that you have identified. Bill Frenke.



Notwithstanding the wet and cool weather over the last few weeks....things have not been cooling off on the membership side. In additional

to welcoming a number of new members to OYS, we held a very successful new members night on June 27th. We had over 50 new members and existing members participate, and I want to take this opportunity to personally thank Linda Stevens, Laurie Parkhill and Diane for the hard work they put into making the event

come together. We have some pretty organized and talented people in OYS....Thank You !.



This is the new members group "team" photo I took during the evening ...a great looking bunch...and let me introduce a few of them to you.



Alison Macintosh & Michael Lee:
Although new members to OYS, Alison and

Michael have been very active, with Michael being a regular part of the loyal racing crew of Tuppence. They have been regulars at club events, including some volunteering and we can expect to see them and their children Alexander, David, Lizzy, Suzy and Ginny throughout the summer. Don't forget to say hello and welcome them when you see them on the docks....especially on race nights. Welcome to our club.

Trish & Craig Warnock:
As with Alison and Michael, many of us have met Trish & Craig at the club, including



the new member's night. A former member of Ballyholme and Royal Ulster Yacht Clubs and the proud owners of "Antares" a 22' Edell 665, along with their children Drew & Sam, they are already active sailors and club members and we have met them out on the lake as well. Craig has also recently discovered the pleasures of using the club's wireless to work from the club docks...which from my own experience makes for a pleasant and productive day. Welcome to OYS.



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crewing and we have probably already seen him on the crew bench on race nights. Welcome to the Club. Hmmm...I wonder where they keep the crew bench for the BVI's.?



George & Carolyn Rapp: Residents of downtown Oakville

George and Carolyn have joined OYS and many of us have met them when they visited the club a number of times over the past month, as well as knowing them from other organizations in Oakville. Although new to sailing, they are eager to get their feet wet...figuratively speaking. Don't forget to say hello when you see them at the club. Welcome to OYS

Please join me in welcoming these new members to OYS.

I am currently arranging photos of some other new members and will introduce them to you in the next edition of Windjammer.

Bruce Bennett

Our first annual OYS Kids and grandkids day was held on Sunday June 22nd.

What a great event! I think it was a huge success. There were 45 to 50 children at the event plus parents and grandparents. The kids enjoyed the many attractions including, a blow up castle, the amazing cat puppet show, face painting, water games, and last but not least; great food. Even Mother Nature blessed us with fantastic weather. Both children and adults were having a great day.

We hope to have this event every year. I would like to thank the many volunteers who helped make the event the success that it was. If it wasn't for them the event wouldn't have been the same. Olga Hadwin, Ed Anderson and Dee Taylor, Leslie Frenke, Gordon Frenke, Mary Desouza and her daughters, Catherine, Jacqueline and Alexandria, Lori Parkhill, Richard and Lenora Bodt, Betty Goodfellow and Sue Richards. I hope I didn't forget anyone else. You were all wonderful and super helpful. Lastly thank you to all the members who came out.



Lynn Giles & Ian Hutchison: Our newest members, Lynn and Ian are Oakville residents and are in fact one of my

neighbours on the town docks. They recently moved up to "Enfin" a Cal 40, and as I am writing this article they are busy prepping and provisioning it for their annual trip to the 1000 Islands. With some 7 years of cruising under their belt, not to mention participation in the LO300 and Susan Hood crewing they are looking forward to getting "Enfin" ready to race. I am sure we will hear more from all three of them as summer progresses. Welcome Ian and Lynn.



Jennifer Johnston & Neil Walsh: With some 20+ years of sailing experience under his belt, which includes CYA Advanced

Cruising through Humber College as well as occasional racing, Neil and Jennifer have joined as associates. Many of us will envy the fact that the boat they do own...." La Bra D'or"....a Beneteau 361.....is moored in the BVIs and serves as a regular get away. Neil is interesting in

Oakville Weekend Regatta

2008



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The Commodore's Cup

PHRF Spinnaker and Main & Jib Fleets, 5 Races over 2 days.
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Spinnaker Fleet "Windward Leeward" Off Coronation Park
Saturday: SKIPPERS MEETING AT 10 AM - FIRST GUN 11 AM
Sunday: FIRST GUN 10 AM
Awards at 4 pm

The Lighthouse Challenge

Gentleman's Adventure Cruise Race

Regatta Agenda

Friday Evening, Aug 8

Race Registration 6 to 9 pm - free of charge - Goody bags with registration
Members to bring hors d'oeuvres to the lawn tent at 5 pm
Scotch & Tequila Tasting at 8 pm provided by PMA
Music by **Jazz on the Sixteen** including :
Ian Bargh, Ron Johnson, Frank Wright, Neville Barnes, Fred Sargent

Saturday, Aug 9

Race Registration 8:00 to 9:30 am - free of charge- Goody bags with registration
SKIPPERS MEETING AT 10 AM
FIRST GUN 11 AM
Three races planned for Saturday, Coffee and Tim Bits in the morning
Dinner by Tommy T at 6 pm, tickets \$20
Hip of Roasted Beef, Corn on the Cob, Salads, Bun and Dessert
Music by **Odyssey Blues Band** plus Mike Doyle on the keyboard and Dr. Dave on the Bass

Sunday, Aug 10

Breakfast starting at 8 am by Tommy T, tickets \$10, Eggs Benedict and Fruit
FIRST GUN 10 AM
Two races planned for Sunday
Following the Sunday Racing join us for the **Rum Punch and Reggae Party**
Sponsored by Mount Gay Rum
Lunch will be served after the racing is complete
Roti or Jerk Chicken lunch, tickets \$10
Reggae and R&B by **Bendz**
Wear your favorite Island shirt and join in the fun and dancing on the lawn
RACING AWARDS AT 4 PM

Registration (Free! No Fee!)

Registration at Event:

Forms provided at OYS
Friday, August 8, 6:00 pm - 9:00 pm
Saturday, August 9, 8:00 am - 9:30 am

Muna Oszlak - Windsurfer

OYS Members enjoying the RCYC Cruise June 27 and 28



SCUTTLEBUT:

Madge II, representing OYS won the Spinnaker Division 3 July 1st weekend at C&C Owners Regatta. Madge II scored 1,2,1,1 over the 2 day regatta.



The picture is of the crew accepting the trophy in their hockey themed outfits. Crew are Dave, Brett, Heather, Katie and Rick Taylor(left to right)

The Etchells World Championships were held in Chicago June 22nd to the 29th. Our OYS Etchells, "Skanky Jane" qualified for this regatta and competed with some great results. The Etchells fleet is known to have many top sailors and this regatta was no exception. The fleet was 84 boats strong and all boats started on one line: busy to say the least! There were only two general recalls - spectacular, considering the depth of the fleet. Andrew Macrae did a great job of getting on the line and defending his position. Having a good start made the difference from having a descent lane of wind and having to fight out from under 80 boats. Marcus Stone and Bruce Scott comprised the other members of the crew. Having sailed in only a few races together, a mid fleet finish was our goal.

The race course was located 7 miles offshore, which required 1 1/2 hours sailing time to reach the committee boat. The windward-leeward course consisted of 3 mile legs: 12- 15 miles in total. Coming off the water at 7pm was the norm during the regatta. We hear there is a night-life in Chicago!

The first race found Jane to be sailing hard upwind with some big names, but local knowledge ruled supreme and the other side of the course paid off. Recovering from this first leg took time but Jane caught 15 to 20 boats and passed them before the end of the race. The next day saw two races completed. Keeping concentration and boat speed was essential over the long races. The conditions were typical Oakville conditions: 5 to 7 knots and relatively flat. Race two saw Jane come off the line with speed going to what was thought to be the favoured side of the course. After wiping off two boats to windward and sailing a long lift, the wind shifted as was calculated and a long port tack lift to the mark put Jane close to the front. After a 12 mile fight, Jane finished 12th. A great result against a strong fleet!

The third race saw Jane pull off another great start heading to the favoured side. This enabled the OYS boys to get to the top mark in 6th. Going downwind with the fleet, Jane took a chance gybing away from the competition based on some observations in the first race. Bruce had some very nervous moments going down this leg as he advocated the gybe, while Andrew said we could easily lose 20 boats! As it turned out the water pattern enabled Jane to sail deeper than and as fast as the competition. She rounded in 3rd at the leeward mark. Going upwind it became apparent that there were some very fast boats together at the front. Jane got to the top mark in company with 5 other boats and there were 4 rounding the mark side by side: New Zealand, US, Britain and Canada! After a nerve wracking downwind, Jane finished 8th! There was much rejoicing by the crew and it was quite the site to see the fleet behind being picked up by coach boats! After a rough start in the 4th race, Jane climbed through the fleet from the high seventies back to 38th. As the wind and wave depth increased, experience in the boat started to tell and Jane found some of the conditions tough to sail in. A 43rd and 63rd places finished the regatta. The last race was in winds close to twenty, gusting over. Even with some deep finishes, Jane finished 39th overall, top half in a fleet where all boats had to qualify just to get to the regatta. There were no participants just there for a sail!

Congratulations to the team of Andrew, Marcus and Bruce for representing Canada and OYS so well!!

Bruce Scott

ADAM MAYERS STAFF REPORTER OF THE STAR REPORTING THE LAKE ONTARIO 300 WITH AL PARKHILL OF OYS

Approximately 350 sailors will set off from Port Credit Saturday morning in the longest freshwater sailing race in the world. They've thought about it all winter, trained for it all spring and most will curse it at some point during the three or four days it will take to complete a non-stop 308 nautical mile (570 kilometer) circumnavigation of Lake Ontario. Some have spent thousands of dollars on new equipment, invested hundred of hours in training and used precious vacation days to be there. And the spoils of victory, a bottle of Mount Gay rum, a Helly Hansen survival suit for the skipper, a hearty handshake and a modest trophy. "Usually all you get is a handshake and a hat," laughs Brian Townsend, chairman of the

annual race, known this year as the Solmar Lake Ontario 300.

From humble beginnings in 1990, "The 300" has become the highlight of the summer racing calendar. The 124-boat fleet leaving Port Credit Yacht Club is the largest field in the event's history. About 70 are doing the 300-mile course, while the rest are doing a shorter 300 kilometer race. The race is jointly sponsored by PCYC and the Oakville Yacht Squadron. Most are Golden Horseshoe sailors, but a growing number are coming from the American side of the lake. About 20 per cent are women, with some boats fielding all-female crews. "It is the Boston Marathon of racing," Townsend said. "You train, you prepare, and you do anything you can to win. "The 300-mile course goes to Kingston, south to Oswego and back down the lake to Port Credit. The shorter course, introduced in 2000 to encourage cruising sailors to enter, goes from Port Credit to Rochester, back to Oshawa and then to Port Credit. "I think about this most of the winter and then, at some point in the middle of the race, I shake my head and wonder why I'm there," says Al Parkhill, returning for a fifth race. Parkhill is racing his 33-foot Soggy Dollars and has put together a like-minded crew in their late 40s and early 50s, including a banker, the owner of an import car garage, an insurance broker and a Toronto Star journalist. "I've done it four times and only finished twice," says Parkhill. "But first or 15th, it doesn't really matter. "It's an amazing challenge. "During the course of the race, there will be hours of fabulous sailing, beautiful sunrises and glorious sunsets. The night sky will serve up a light show that can't be seen in the city.

These pleasures will be offset by the kind of pain only Lake Ontario can inflict. Ontario may be the smallest of the Great Lakes, but it behaves like a small ocean. The race is sure to offer a mixture of big waves and calm, gale force winds and the slightest of breezes, maybe hail and almost certainly thunderstorms. During the 1991 race, a lightning strike is believed to have caused the death of two sailors. There is the curse of black flies and mosquitoes whose torment is made worse with a lack of wind and a blisteringly hot sun. On the other hand, the lake has been so cold some years the air temperature has been in single digits at night. Sleep comes in snatches, there is usually one toilet and most likely no shower, so why do it? Because the race offers a sense of accomplishment that differs from anything achieved during a day at the office, says

Lynn Townsend (not related to Brian). Lynn is managing logistics for the race, but has sailed in it three times. She came dead last the first year but stormed back the next year to win her division. "I kept pinching myself that I had won," says the real estate lawyer and Mississauga resident. "I still think of it as one of my greatest accomplishments in life." The race requires a long list of safety gear and each boat must pass an inspection and coast guards on both sides of the lake are involved. This year's sponsorship by Solmar Development Corp. has meant enough money that each boat now has a new GPS transponder for continuous tracking. Now, family and friends can follow along on the Internet at www.lo300.org. Organizers hope the race will one day rival the famed Chicago-Mackinac event, which also is running this weekend. The "Big Mac" is in its 100th year and runs the length of Lake Michigan. Greg Miarecki of the Chicago Yacht Club figures both races are a fabulous experience. "We're not really competing," he said. "They are different courses and different lakes. Whether the course is 289 or 308 miles doesn't matter as much as where you're going and how challenging it is on the way there."

OYS Jam Night

Well to say that the past few weeks have been a little on the damp side would certainly be an understatement ... however there is a positive side all this rain, and it is the increased time you spend indoors with other club members. One of the great things about that opportunity is learning about who they are, and what they enjoy. Not very many people know this about me, but I am a musician from a long way back, and played in bands for years ... albeit a long time ago when I had lots of hair and was much taller than I am today. Since that time I have been a bit of a basement musician...and over they past few weeks I've discovered that there are more in OYS...and I have had the opportunity to jam with a couple. Music is a great equalizer that brings people, who may have other diverse interests, together...leveling the playing field...and it would be really interesting to determine how many other musicians we have in the club. Some potential for a great winter activity.

Bruce Bennett - Membership Director
bmbennett@cogeco.ca



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PORTUGUESE FISH STEW

1 to 1.5 lbs.

Firm type of fish steaks or fillets

3 Medium potatoes

2 Medium onions

2 Medium tomatoes

1 tsp. Sea salt

2 tbs. Olive oil

2 tsp. Lemon pepper

2 tsp. Garlic powder

1/4 cup Tomato paste

2 cups White wine, or more

Slice the potatoes and onions about 3/8" thick. Place in a large pot and boil for 5 or so minutes. Add fish and cut up tomatoes. Mix tomato paste, garlic powder, and lemon pepper into white wine. Pour over fish and vegetables and stir lightly to coat. Add more wine if needed to just cover. Place pot over high heat until boiling. Do not stir. Reduce heat and simmer for about 10 more minutes, until potatoes and fish are just cooked. Serve immediately with fresh bread.

Serves 4 regular people or 1 really hungry sailor

From Richard Bodt

From the DYC Cruise Chef Chris Calder of Vinifera Catering

Burgers:

1/2 large cooking onion (finely diced)

1/4 cup bread crumbs

2 tblsp of dijon mustard

4 tblsp steak spice

1 lb of lean ground beef

1 large egg

2 tblsp of ketchup

worchestershire

Combine and gently mix all ingredients just to incorporate. Do not over aggetate. Brush with garlic oil or another flavoured oil before grilling, and continue to brush with oil while grilling. Best grilled over charcoal.

From the DYC Cruise Chef Chris Calder of Vinifera Catering

Salad Dressing

1 cup wild or farm grown black raspberries

12 tblsp olive oil

1 tsp minced garlic

1 tsp sugar

pinch of black pepper

4 tblsp balsamic vinegar

2 tblsp honey

1 tsp dijon mustard

1 tsp salt

In a food processor blend berries until resembles a paste. Add balsamic, honey, sugar, salt, and pepper, and dijon. Blend until incorporated. With food processor running, gradually add oil in a slow, thin constant stream until incorporated and thick, if more oil is needed just add with machine running. Taste dressing and adjust flavour with more sweetness or tartness as desired. Drizzle over salad greens.

vnifera.catering@yahoo.ca

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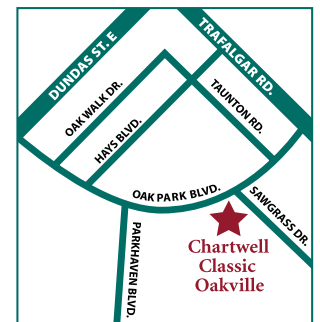
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OYS CALENDAR OF EVENTS

August 2008						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
					1	2
					Friday Night Dinner	Cruise to Highland Yacht Club
3	4	5	6	7	8	9
Cruise to Highland Yacht Club	Cruise to Highland Yacht Club <i>Holiday Monday</i>	Dinghy Race - 1st Mate	Wednesday night race	Thurs night race	OYS Regatta	OYS Regatta
10	11	12	13	14	15	16
OYS Regatta	Sailing School 4th Session	Dinghy Race	Wednesday night race	Thurs night race	Friday Night Dinner	Cruse to Island Yacht Club
17	18	19	20	21	22	23
		Last Dinghy race	Wednesday night race	Thurs night race		Jack Ward Single Handed Race
24	25	26	27	28	29	30
Race Directors Double Handed Race			Wednesday night race	Thurs night race	Friday Night Dinner	Cruise to ABYC
31						

September 2008						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	1	2	3	4	5	6
	<i>Labour Day</i>		Wednesday night race	Thurs night race		
7	8	9	10	11	12	13
First Fall Race			Last Wednesday Night Race	Last Thursday Night Race		
14	15	16	17	18	19	20
Second Fall Race				Pub night		
21	22	23	24	25	26	27
Third Fall Race				Pub night		Turkey Regatta
28	29	30	Time to sign up for Haulout duties - Date to be announced			

